

SEEDS & SPROUTS
Spring Delights
Session 4 - 2025
Laura Erlig and Deneen Cienfuegos

Seeds and Sprouts: Students will experience what it means to have a plot in a community garden. Weekly gardening responsibilities will be integrated with a research topic of the week, scavenger hunts in the garden regarding different types of plants, guest speakers, and arts and crafts activities related to gardening. Each week in Session 4, students will learn about plants to plant in spring to enjoy a wonderful harvest, scientific name, optimal growing conditions, origin, length of time it takes to grow and harvest the plants, and plant cycle. Gardening skills will include learning about propagation from seed, cutting, bulb, caring for herbs, planting, managing a plant log, and planting to the season.

Week 1: Radishes

Week 2: Artichoke

Week 3: Lettuce

Week 4: Sunflowers

Week 5: Cucumbers

Week 6: Peppers

Week 7: Tomatoes

Week 8: Assessment and enjoyment of the harvest