

Colonial Life

Friday, 11:00-12:30

Instructor/s: Laura Erlig and/or Jenni Buchanan

Students will explore daily life in Colonial America by learning about the Northern, Middle, and Southern Colonies through engaging, hands-on experiences. In the Northern Colonies, students will discover how families survived through fishing and trade by learning basic knot-tying and beginning a fishing net. They will also explore colonial school life by creating their own hornbook, playing traditional colonial games, and learning how candles were made and used in early homes. In the Middle Colonies, students will practice writing with a quill pen, investigate how windmills were used for grinding grain and sawing logs, and build a simple model windmill. They will also prepare traditional foods such as Sappawn (Hasty Pudding). In the Southern Colonies, students will sew a colonial-style pocket, learn about early forms of money such as pieces of eight, and make Johnny Cakes. This interactive unit brings history to life by allowing students to experience the daily work, education, and traditions of early American settlers.

Northern Colonies: Massachusetts, New Hampshire, Connecticut, Rhode Island

Lesson 1: Fishing and learning how to make the knots and begin making a fishing net.

Lesson 2: School life in colonial days and create your own Hornbook. Play colonial games.

Lesson 3: Candles and how they made them.

Middle Colonies: New York, New Jersey, Pennsylvania, Delaware

Lesson 4: Writing with a quill pen

Lesson 5: Windmills for grinding grain and sawing logs. Make a makeshift windmill.

Lesson 6: Cooking Sappawn (Hasty Pudding)

Southern Colonies: Maryland, Virginia, the Carolinas, Georgia

Lesson 7: Sewing a pocket

Lesson 8: Money - pieces of Eight

Lesson 9: Johnny Cakes